



All School Sites Breakfast

| | Sausage Wrapped in a Pancake | J & J Bar | Chicken on a Waffle Sandwich | Mini Donuts | Ham and Cheese Croissant | |
|------------------------|----------------------------------|----------------------|------------------------------|----------------------|--------------------------|--|
| | (1M/1G) (No PreK&K) | (2G) | (1M/1.5G) | (2G) | (1M/1G) | |
| | Sausage Pancake Sandwich(PreK&K) | | | | | |
| | (1M/1G) | | | | | |
| WEEK 1 | | | | | | |
| | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | |
| | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | |
| | 1 Cup Milk | 1 Cup Milk | 1 Cup Milk | 1 Cup Milk | 1 Cup Milk | |
| | Mini French Toast | 2.5 oz. Cereal Bar | Sausage Pancake Sandwich | Honey Bun | Egg, Sausage and Cheese | |
| | (2G) | (2G) | (1M/1G) | (2G) | Pizza Bagel* | |
| | | | | | (1M/1G) | |
| | | | | | | |
| WEEK 2 | | | | | | |
| | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | 1/2 Cup Fruit and/or | |
| | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | 100% Fruit Juice | |
| | 1 Cup Milk | 1 Cup Milk | 1 Cup Milk | 1 Cup Milk | 1 Cup Milk | |
| *Item may contain pork | | | | | | |

Participants may choose one entrée, milk and up to three different fruits or vegetables. You must be 18 and under to participate in the summer serving free lunch program.

All locations and menus available at http://www.ltschools.org

This institution is an equal opportunity provider.

| Jun-23 | | | | | Jul-23 | | | | |
|--------|----|----|----|----|--------|----|----|----|----|
| М | Т | W | Th | F | М | T | W | Th | F |
| 5 | 6 | 7 | 8 | 9 | 3 | 4 | 5 | 6 | 7 |
| 12 | 13 | 14 | 15 | 16 | 10 | 11 | 12 | 13 | 14 |
| 19 | 20 | 21 | 22 | 23 | 17 | 18 | 19 | 20 | 21 |
| 26 | 27 | 28 | 29 | 30 | 24 | 25 | 26 | 27 | 28 |